



Public Health
Prevent. Promote. Protect.

Henderson County, NC

HENDERSON COUNTY, NORTH CAROLINA COMMUNITY BEHAVIORAL HEALTH RESOURCES

Crisis Lines and Hotlines (Free & Available 24/7)

SAMHSA Disaster Distress Helpline: Call or text 800-985-5990 (crisis resources for Hurricane Helene)

Vaya Health Access to Care Line: Call 800-849-6127 (available for people in crisis, seeking information or needing crisis response assessments for mental health, substance use and/or intellectual disabilities)

SAMHSA's National Helpline: Call 800-662-4357 (provides referrals to local treatment facilities, support groups, and community-based organizations)

Suicide & Crisis Lifeline: Call or Text 988 (available for everyone, is free, and confidential)

Crisis Text Line: Text HOME to 741741 (connects you with a volunteer crisis counselor)

NC's Peer Warmline: Call 855-733-7762 (peers living in recovery from mental health or substance use)

United Way of North Carolina Information and Referral Call Center: Call 211 or www.NC211.org

National Domestic Violence Hotline: Call 800-799-7233 or Text START to 88788 (support to victims of domestic violence)

National Sexual Assault Hotline: Call 800-656-4673 (confidential support for survivors of sexual assault)

Teen Line: Call 800-852-8336 or Text TEEN to 839863

The Trevor Project: Call 866-488-7386 or Text START to 678678 (support for LGBTQIA+ young people)

Veterans Crisis Line: Call 988, Press 1 or Text 838255 (crisis support for Veterans and their loved ones)

Local Resources for Crisis Services

Advent Health HOPE Units: 828-681-2282 (inpatient behavioral health for mental health and substance misuse – Women 18+; inpatient mental health for young women ages 13-17)

Caiyalynn Burrell Center: 877-277-8873 (inpatient treatment for children and adolescents with escalated behavior due to mental health, intellectual/development disability or substance use - ages 6-17)

Clarvida/Family Preservation Services: 828-697-4187 (open access walk-in availability, call for days and times, adult and children's mental health, substance use counseling, substance use intensive outpatient)

JFK ADATC, State Substance Use Treatment: 828-257-6265 (inpatient treatment, psychiatric stabilization, and detoxification for substance use and co-occurring mental health disorders – 18+)

Neil Dobbins Center: 828-253-6306 (inpatient mental health crisis & substance use detox services – 18+)

Pardee PATHS: 828-696-4250 (inpatient mental health crisis & substance use detox services – 18+)

RHA's Behavioral Health Crisis Center & Living Room: 828-254-2700 (one-stop treatment resource center for mental health services, substance use/addiction recovery support – open M-F; 8a-8p)

RHA Mobile Crisis Management: 888-573-1006 (24/7/365-intensive, community-based response, stabilization & interventions-mental health disturbances, developmental disabilities, or addiction – all ages)

Sweeten Creek Mental Health & Wellness Center: 828-213-4055 (24/7/365-inpatient mental health/psychiatric care - ages 5+)

Mental Health/Substance Use

Blue Ridge Health Services: 888-573-1006 (mental health and substance use counseling services including intensive substance use programs, medication management, intensive in-home, case management – all ages)

The Free Clinics: 828-697-8422 (behavioral health counseling, case management, psychiatric clinic-walk-in/appointment, pharmacy, post-overdose response team, Narcan, peer support – 18+)

Mental Health Services Only

Advent Behavioral Health HUB: 828-650-8130 (resources for behavioral health support – 18+)

Children & Family Resource Center-Family Mental Health Navigation: 828-698-0674 (connects family's w/children and behavioral health needs to services within the system of care)

Crossnore: 828-301-4622 (child, adolescent & family mental health assessments/counseling, ages 4-18)

Full Circle Community Wellness: 828-222-0401 (child/adult mental health counseling, group, family – all ages)

Henderson County Department of Public Health: 828-692-4223 (child/adult mental health counseling—all ages)

Safelight: 828-693-3840 (individual/group counseling for children, adolescents, and adult survivors of interpersonal violence and abuse – all ages)

Thrive Clubhouse: 828-489-3891 (18 and older who have a Mental Health Diagnosis and at least two areas of impairment in their life)

Substance Use Services Only (Peer Support Living Rooms)

Back on Track Ministries: 828-595-9091 (addiction ministry, advocacy, support groups, classes – 18+)

First Contact Ministries: 828-435-2180 (addiction ministry, advocacy, support, classes–18+)

Hope Coalition: 828-388-7979 (advocacy, support groups, peer living room, youth programs-13+)

Love and Respect Community for Recovery and Wellness: 828-595-2202/Warm Line 828-547-4547 (advocacy, support groups, peer living room, outreach- 18+)

Sunrise Community for Recovery & Wellness: 828-552-3858/Warm Line 828-280-2554 (advocacy, support groups, peer support, outreach, respite – 18+)

12-Step Support Group Locators

Alcoholics Anonymous: aa.org

Gamblers Anonymous: gamblersanonymous.org

Narcotics Anonymous: na.org

Grief and Loss Services

Four Seasons Hospice: 828-692-6178 (grief support groups, workshops and individual support)

NAMI Western Carolina: 828-505-7353 (support groups and classes)

Henderson County Public Health Department
Please advise of edits/updates to Melissa Witmeier:
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