

**REQUEST FOR BOARD ACTION**

**HENDERSON COUNTY  
BOARD OF COMMISSIONERS**

**MEETING DATE:** April 19, 2017

**SUBJECT:** Family Centered Treatment

**PRESENTER:** Dr. Jennifer Hensley, DSS Board Member  
Kevin Marino, Social Work Program Administrator  
Jackie Latek, Executive Director SPARC Foundation  
Jeff Whisenant, Family Centered Treatment Clinician

**ATTACHMENTS:** Yes  
1. Power Point Slides

**SUMMARY OF REQUEST:**

The Department of Social Services is providing informational updates to the Board of Commissioners regarding various Social Services issues. The April 2017 update, provided by DSS Board Member Dr. Jennifer Hensley, provides an informational presentation regarding the ongoing Family Centered Treatment program conducted through DSS in partnership with SPARC and the Family Centered Treatment Foundation.

**BOARD ACTION REQUESTED:**

No Board Action Necessary - Informational Purposes Only

**SUGGESTED MOTION: No Motion Suggested**

# Family Centered Treatment



*A collaboration between Henderson  
County Department of Social Services,  
The SPARC Foundation and Family  
Centered Treatment Foundation*

# Origins of Family Centered Treatment (FCT)

- Comprehensive and intensive home-based model that has been developed over 20 years
- Continuously refined through research, experience, and feedback from clients.

Although developed from applied success, some of the critical components that provide the theoretical framework are recognizable as derivatives of major models of evidenced based practice such as:

**Eco-Structural Family Therapy**

and

**Emotionally Focused Therapy**

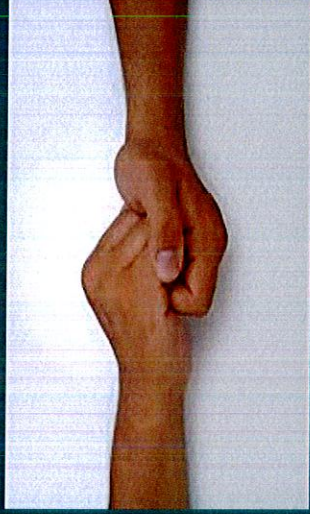
# The Five Pillars of Family Centered Treatment



- ▶ Treat Families with Dignity and Respect
- ▶ Honor the Function of Behavior
- ▶ Treatment that is Relevant and Useful
- ▶ Internalization over Compliance
- ▶ Power of Giving

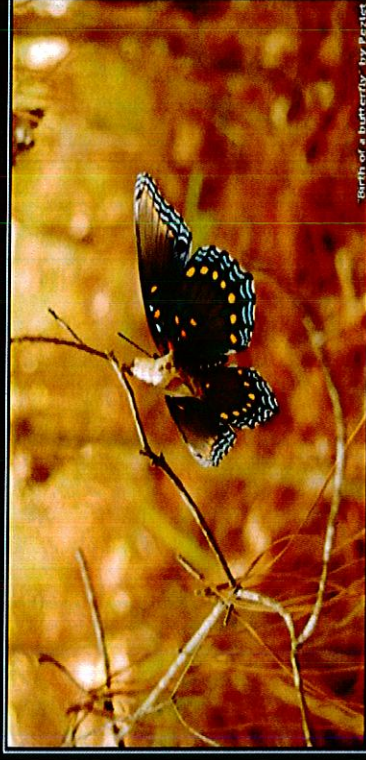
# Engaging the family

We must connect before we can correct



- ▶ Privilege; not a right to be in their home
- ▶ Treatment and change is their choice
- ▶ Guarantees
- ▶ Respect and dignity integral to the process
- ▶ This process is done "with" them; not "to" or "for" them

# What is meant by “sustainable change”?



Birth of a butterfly by Perinet

## CHANGE

"Change is the essence of life. Be willing to surrender what you are, for what you could become".

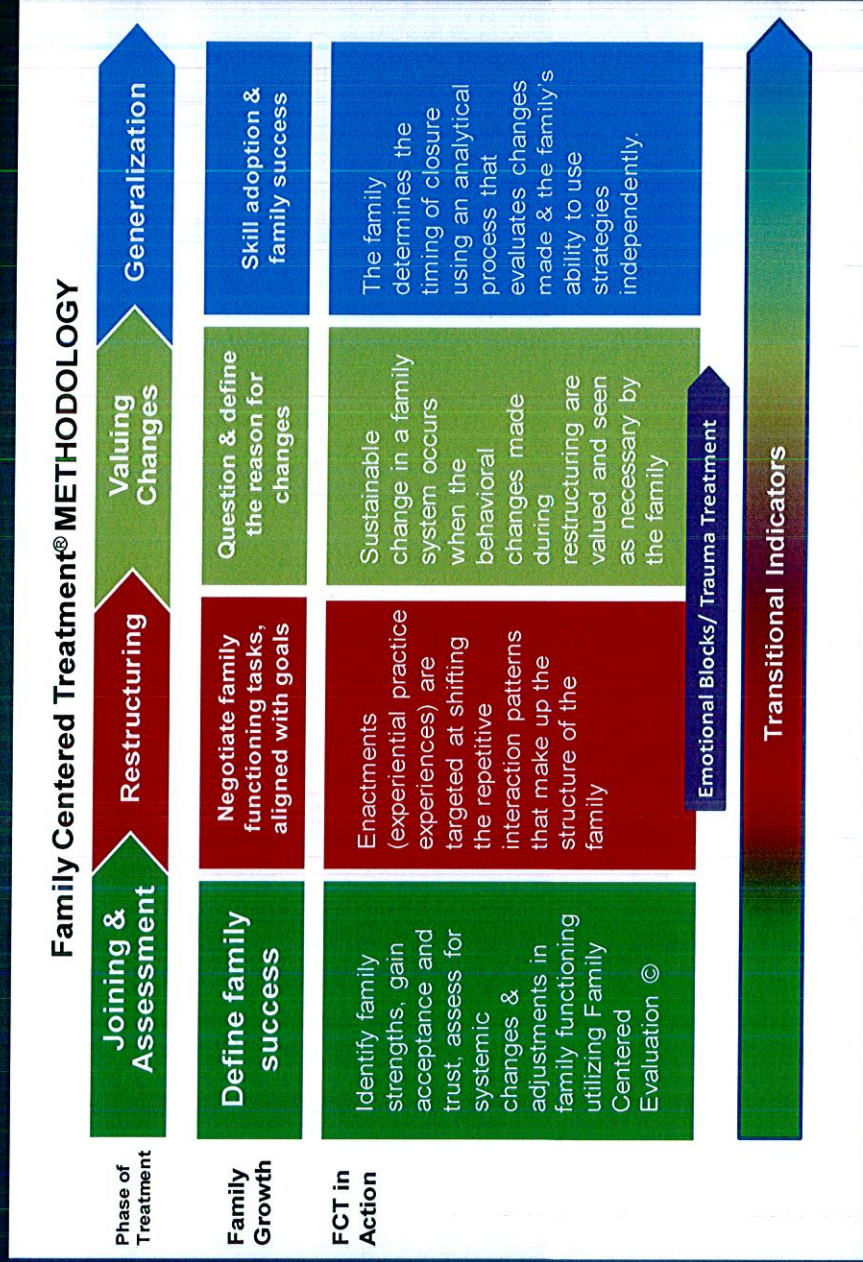
When achieved, sustainable change helps a family move from making conscious "efforts to change" to establishing a new, accepted "way of living".

## How does it work?

- ▶ With the whole family as defined by the family
- ▶ Meet in *their home* on days of the week and times of day that are *convenient for the family*.
- ▶ Session schedules get the clinician involved during the most troublesome and difficult times and as they occur.
- ▶ Provides **24/7** on call crisis support for the family with their known clinical staff. (not a universal on-call system)
- ▶ Multiple hour sessions several times per week become the norm for creating change.
- ▶ Provides opportunities for the family to *practice* functioning differently. These weekly “enactments” are integral to the process. (not just talk therapy)



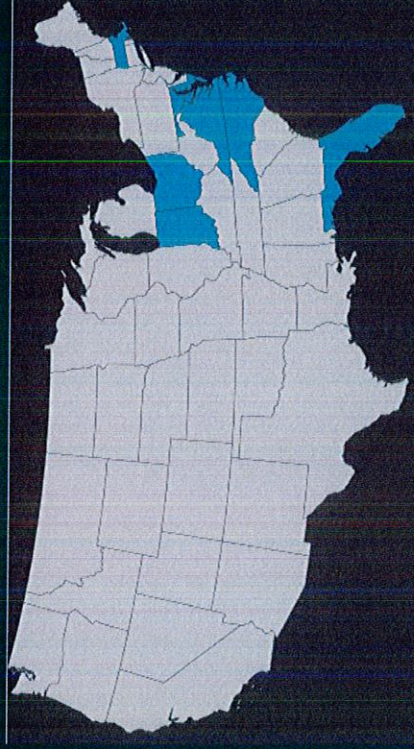
# Clinical Model Basics





## FCT Site Implementation

*Successful replication in over 50 sites across 7 states*



Recognized as an EBP by the California Evidence Based Clearinghouse for Child Welfare

Included in SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP)

# Henderson County Implementation

- ▶ WNC's only site for FCT is Henderson County
- ▶ Monthly leadership meeting includes DSS leadership, SPARC Foundation Clinicians & Director, FCT Foundation Program Consultation Director
- ▶ Case reviews, FCT education and training, accountability, prioritization
- ▶ Cross-training for FCT Clinicians and Social Workers
- ▶ Joint sessions with families, FCT clinician and Social workers
- ▶ Strategic Planning to increase capacity for Henderson County, particularly with Substance abusing parents.

# National Data

## Outcomes for Family Centered Treatment Services

### SUCCESSFUL ENGAGEMENT

**96%**

Of all clients/families referred have more than five direct contacts with their FCT clinician.

### KEEPING FAMILIES TOGETHER

**90%**

Of clients who complete treatment maintain family placement, are reunified with their family, or transition to independent living.

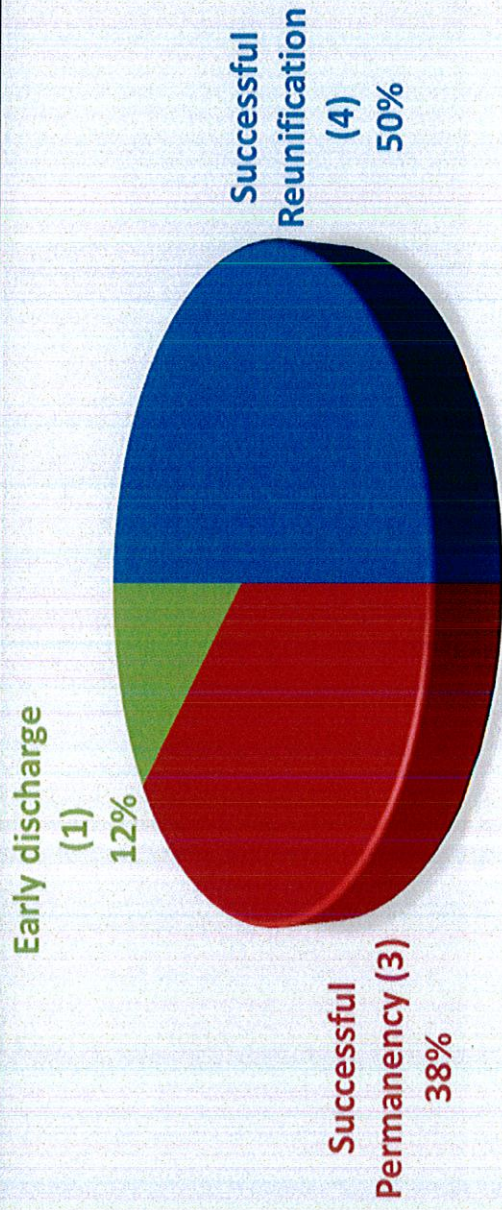
### TREATMENT GOALS

**91%**

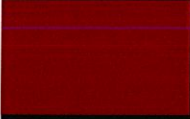
Of families report positive progress toward their primary treatment goal.

# Local Data

## Disposition at discharge



7 out of 8 families served in the first year were in tact at the time of discharge.



Video